

SISTRUM



EXECUTIVE RETREATS

Inaugural Experience

September 20 – 22, 2026

Port Soller Jumeirah, Mallorca,
Spain

Preview and Registration Information

Airline Preferred
Partner:

AIR CANADA 

Sistrum





RESET. RETHINK. RECHARGE.

The pace of global crises and technological developments has drastically accelerated over the past ten years. Climate change, geopolitical tensions and the rise of Artificial Intelligence have reshaped how senior leaders must think and operate. To be effective and credible as a leader today requires not only a clear purpose and strategy but also *the ability to see oneself as an actor on the world stage whose actions must be inspired by a clear global point of view.*

Each retreat blends the perfect ingredients for chief executives:

A prestigious **high-end resort**, offering opportunities for a personal reset and deep reflection, aided by a choice of wellness activities.

Top speakers on pressing **issues** such as AI, geopolitics, global capital markets and leadership, offering participants actionable insights on global developments.

Executive **coaches with impeccable CEO level credentials** who will support participants during and post program.



THE PROGRAM 2026 GLOBAL LENS

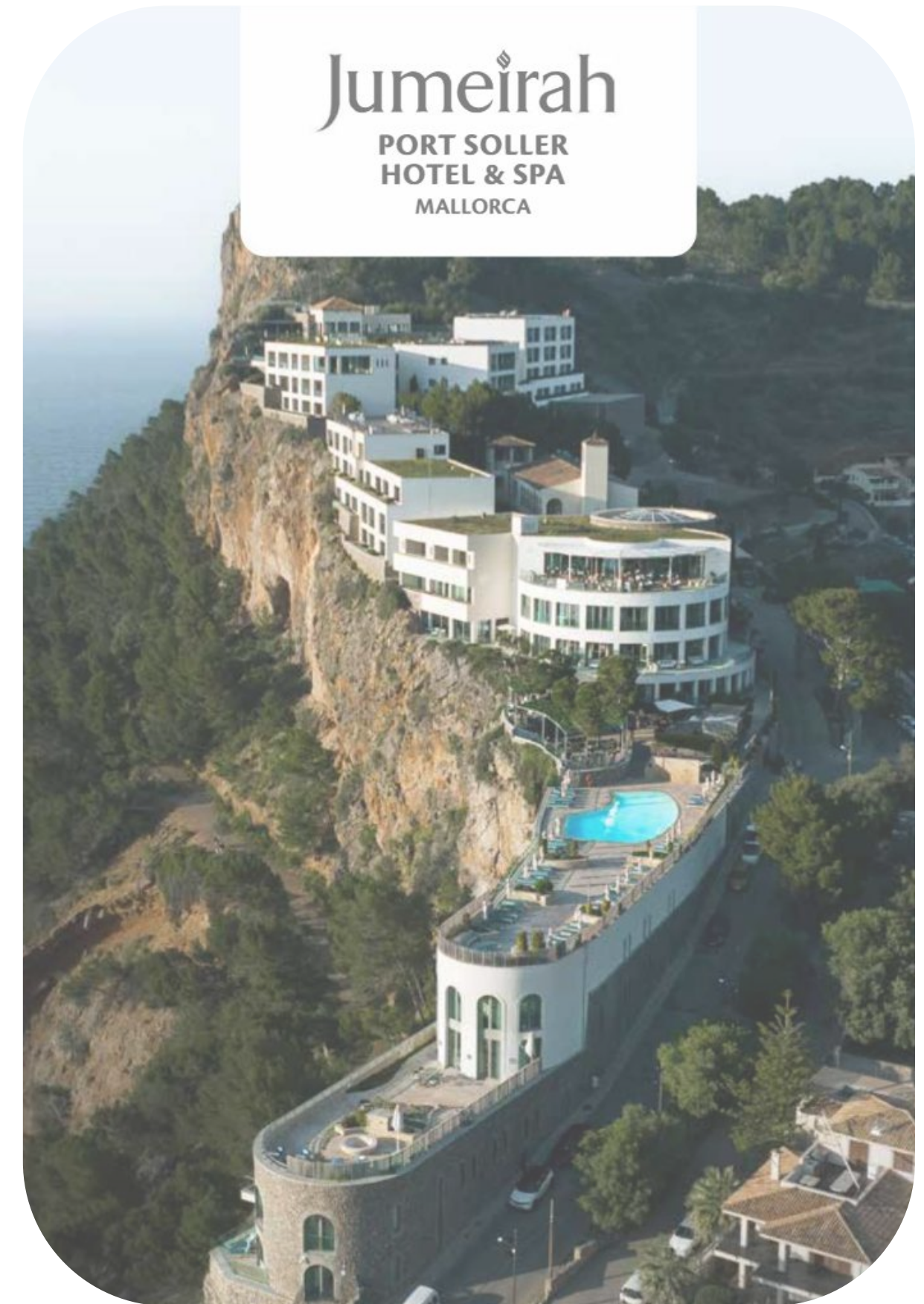
In 2026, the world is experiencing continuous shock waves: not only is the war in Ukraine unsolved but the conflict with Iran has triggered a security and energy crisis. The exponential rise of AI continues to fuel a global tech race, while tariffs and trade ride high on the minds of global business leaders.

Our 2026 Sistrum retreat will address these geopolitical developments at an intimate gathering at the Jumeirah Hotel & Spa in Port Soller, Mallorca. The event is designed to help CEOs and Board Chairs:

Explore how the **global geopolitical reset and active conflicts in Europe and the Middle East** will impact global trade and the macro-economic environment in 2026 and beyond.

Frame **AI's impact** on tech sector investment, organization strategy, innovation and global industrial competitiveness.

Develop personal **resilience, wellness and mental agility** to navigate global challenges and maintain a positive leadership focus and energy.



THE PROGRAM SPEAKERS



Ambassador Susan E. Rice

Domestic Policy Advisor (2021-2023), U.S. National Security Advisor (2013-2017), and U.S. Ambassador to the United Nations (2009-2013). Rice's insights on National Security & Foreign Policy draw upon her decades of hands-on experience and expertise, including on China and East Asia, Russia, Europe, South Asia, Africa, Latin America, and the Middle East.



Rob Kapilow

Kapilow has conducted many of North America's major orchestras and premiered new works of musical theater, from the Tony Award-winning *Nine on Broadway* to *Frida* at the Brooklyn Academy of Music's Next Wave Festival. His activities include the long-running *What Makes It Great?*® series in New York and Boston, corporate programs, and residencies at institutions such as the National Gallery of Canada and Stanford University.



James Nestor

Drawing on his instant New York Times bestseller *Breath*—which spent 20 weeks on the bestseller list and has sold over 3 million copies worldwide—James turns the conventional wisdom about our most basic biological function on its head. He teaches us that even slight adjustments to our breathing can profoundly improve workplace efficiency, athletic performance, anxiety, and sleep.



Henrik von Scheel

Best known as the originator of the 4th Industrial Revolution and the digital themes of today. For the past two decades, he has set the global agenda for nations and leading organizations via the World Economic Forum, serving as co-founder of Strategic Intelligence. Named "the most influential futurist of the century" by CNBC.



THE PROGRAM EXECUTIVE COACHES

Over the five days of active learning, you will be able to work with a world-class Executive Coach in a private, confidential setting to help your reflection and refine your vision for yourself and your organization.



Jocelyn Hill, NBC-HWC

Jocelyn Hill is a Duke-trained executive health coach with more than two decades of experience in corporate strategy, behavior change, and executive coaching, she works with CEOs, founders, and senior leaders to strengthen the health foundations that support sustained performance and effective leadership. Known for her personalized approach, Jocelyn helps clients improve energy, focus and resilience.



Dr. Fabiana Pereira

Fabiana has been in the boardroom alongside CEOs and Board Chairs as a Deloitte Partner, Accenture Market Lead, and board advisor. She coaches C-level executives and high-potential leaders through their most visible challenges: stepping into new roles, making high-stakes decisions, and earning credibility with boards and stakeholders.



Eric Beaudan, CMC

Eric coaches CEOs and executive teams across North America and Europe. He is the Global Head of Leadership Advisory for a global executive search firm and has created leadership development programs for leading global schools such as Rotman and INSEAD. He is the author of Creative Execution, What Great Leaders Do to Unleash Bold Thinking and Innovation.



Gary Payne

Gary Payne is an ACC credentialed Coach with the International Coach Federation who brings direct personal experience as a first time CEO, long time P&L leader and executive search consultant to his clients. His successful experience as a CEO gives him a unique ability to understand how company dynamics and strategy can change radically in a very short period of time.

SEPTEMBER 2026 2 DAY PROGRAM OVERVIEW

**ARRIVALS & WELCOME
RECEPTION**
Sunday, Sept. 20th

DAY ONE
Monday, Sept. 21st

9:30 to 11:00
Program Overview
Participant & Coach Introductions

11:00 to 12:30
**Session I: Global Security in the
New World Disorder:**
with AMB. SUSAN E. RICE

12:30 to 14:30
Lunch & Networking

14:30 to 18:00
**Session II: The Rising
AI Tide**
with HENRIK VON SCHEEL

Individual Coaching Sessions

19:00 to 21:00
Dinner at Jumeirah Port Soller

DAY TWO
Tuesday, Sept. 22nd

9:30 to 11:00
Reflections & Connections
Participant & Coach Reflections

11:00 to 12:30
**Session III: Achieving Peak
Performance**
with JAMES NESTOR

12:30 to 14:30
Lunch & Networking

14:30 to 18:00
Session IV: The Symphony of Leadership
with ROB KAPILOW &
MALLORCA ORCHESTRA

Individual Coaching Sessions

19:00 to 21:00
Dinner with Advisory Board

DAY THREE
Wednesday, Sept. 23rd

9:00 to 11:00
Individual Coaching
Sessions and Networking

11:00 to 12:00
CHECK OUT
Participant Departures

POST-PROGRAM
Executive Coaching Check in
Connectivity Event - TBC



BEGIN YOUR JOURNEY

The inaugural SISTRUM retreat is open to **CEOs, Presidents and Board Directors from EMEA and the Americas**. The cohort will be capped at 25 participants to ensure an intimate learning environment and will be curated to ensure complementarity and privacy.

Join us this September to refocus your global edge:

Strategic Outcomes:

- Refresh your global perspective, vision.
- Build your resilience and invest in your wellness.
- Develop a network of global peers and influencers.
- Map out your leadership growth objectives.

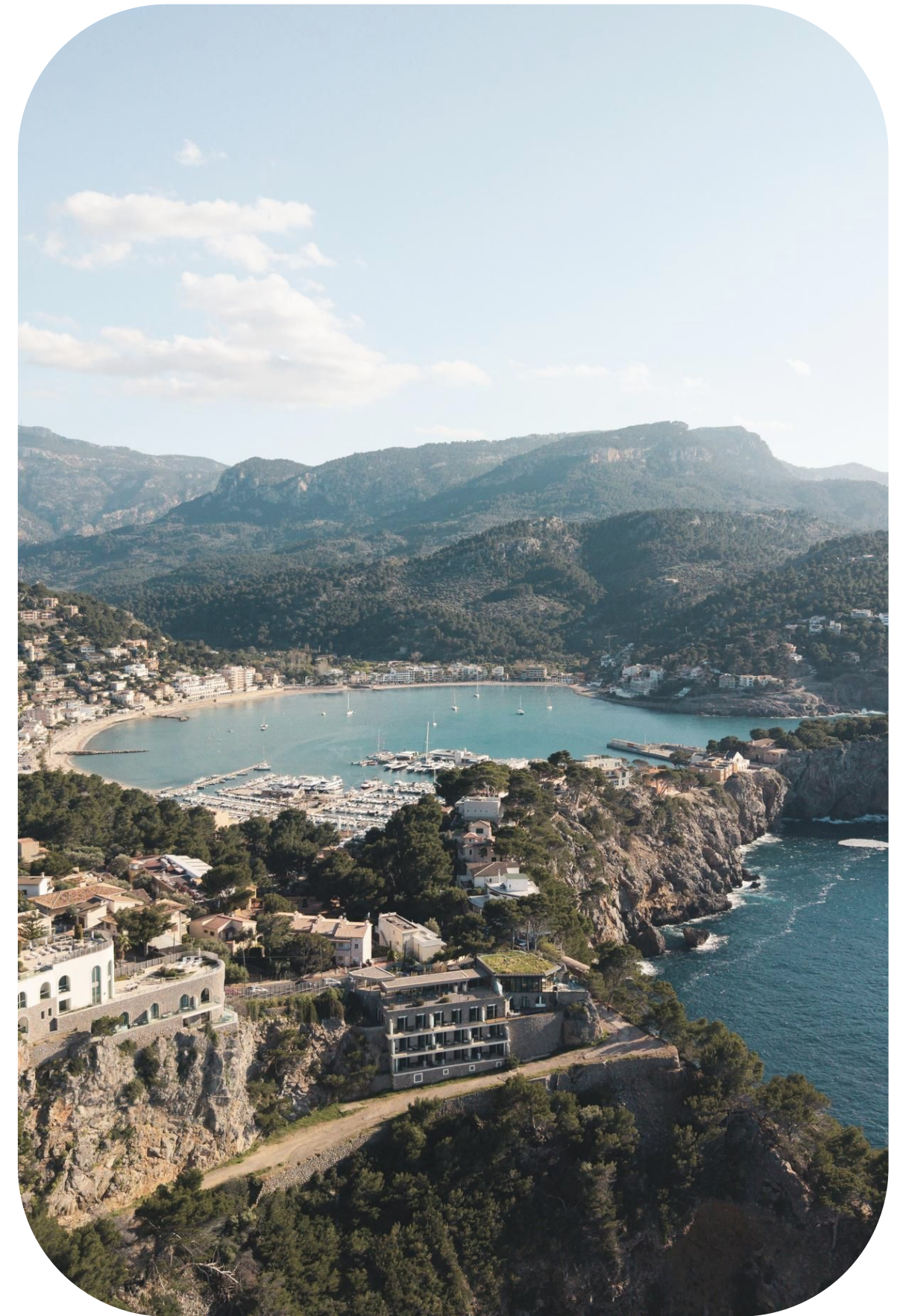
Registration Steps*:

- Preliminary discussion with a Sistrum Director to confirm eligibility.
- Attendance and travel details, spousal details if applicable.
- Executive coach match and set up.

Financial Commitment:

- US \$5,000 deposit upon registration.
- \$20,000 due in two installments (June and August).

** Attendees from North America will be provided with a business class incentive on Air Canada (Star Alliance).*



ABOUT US

Why Sistrum?

Sistrum is an ancient Egyptian instrument, used in rituals to evoke renewal and self reflection.

About Sistrum Inc.

Sistrum Inc. was formed to augment the geopolitical foresight and leadership capabilities CEOs and Board Chairs need to thrive in the 21st century.

Participant Contacts:

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SISTRUM Advisory Board



Ellen du Bellay

Chief Human Resources Officer for Dubai Holdings Hospitality & Land Estates.



Larry Baldachin

CEO Advisor, Enterprise Growth and Business Executive



Eric Beaudan

President and Founder, SISTRUM



Susan Doniz

Chief Information & Data Officer for The Walt Disney Company.



Colleen Moorehead

Board Advisor, founder of E*Trade Canada, Nexient Learning and Solium.

